

## EGD

Nothing to eat or drink after midnight prior to EGD. If you have an afternoon appointment, you may have clear liquids in early AM, but nothing 6 hours prior to EGD.

You may take cardiac, respiratory or seizure medication the morning of the EGD with a small amount of water.

You will need to stop blood thinners and arthritis medication 5 days prior to EGD. This will include Coumadin, Plavix, Eliquis, Pradaxa, Advil, Motrin, Warfarin, Naprosyn, Celebrex, Mobic, Excedrin, and Glucosamine. **You may take Tylenol products only.**

**Diabetic Patients: DO NOT TAKE ANY DIABETIC MEDICATIONS THE MORNING OF PROCEDURE.**

You must stop diet pills, dietary supplements and all herbal supplements 2 weeks prior to EGD. This will include St. John's Wort, Ginkgo Balboa, Ginseng, Metabolife, Herbalife, Metolean, Fenfluramine (Pondimin, Adifax, Redux), Phentermin (Adipex, Fastin), Phenylpropanolmine (Dexatrim, Acutrim), Phendimetrazine (Bontril) and Amphetamines.

You must have someone drive you home due to IV sedation that you will receive on the day of your procedure.